



# NEWSLETTER

Quarter 2 2025 (April, May, June)

It's been a fantastic and busy few months at Love To Swim, filled with growth, progress, and plenty to celebrate! We're proud to say that all our swimmers have made great strides—with many advancing to the next stage. Well done to everyone!

Hard to believe, but we're just weeks away from the end of term. It's been a rewarding and enjoyable year, and we've shared some truly memorable moments. Watching our swimmers gain confidence and improve in the water has been a real highlight. We've also welcomed some wonderful new swim teachers to our team—adding even more strength to our incredible team.

But the term isn't over yet! We've already marked some exciting events, including Drowning Prevention Week and Love To Swim's 15th birthday—a huge milestone we're so proud of. And don't forget, our auction with fantastic prizes is just around the corner!

Thank you to our swimmers, parents, coaches, and volunteers—your support and enthusiasm make all the difference. We're looking forward to a fun and active summer ahead! ❤️

Please refer to our planned closure dates on our website if you're unsure, or your confirmation email. And don't forget to check out our Summer short courses!



Shoutout to The Crowne Plaza Hotel for supporting our charity event



## LOVE TO SWIM 15<sup>TH</sup> BIRTHDAY

A heartfelt thank you to all our parents and swimmers for being an essential part of Love To Swim's journey. Your continued support is the reason we're here today.

### QR CODE FOR THE AUCTION CATALOGUE



To celebrating 15 incredible years, we're fundraising for Bliss, the special care baby charity.

On 11<sup>th</sup> July, we're holding a charity auction and we're thrilled to welcome our guest speaker, Ann Daniels—world record holder and renowned polar explorer!

Visit our JustGiving page to make a donation or get in touch to join us on the night

[www.justgiving.com/page/love-to-swim-3](http://www.justgiving.com/page/love-to-swim-3)

## SWIMMER OF THE QUARTER



We're so proud to celebrate Sadie as our Swimmer of the Quarter!

Not only has she successfully completed her Stage 2, but she's also shown incredible courage by overcoming her fears and growing into a confident, capable little swimmer.

Well done, Sadie – keep up the great work!

### 20% DISCOUNT!

Fremantle Bar and Grill at the Crowne Plaza now offer 20% discount off food and drink for all Love To Swim pupils and families

Simply collect your voucher from the Quad Club reception in advance

## DROWNING PREVENTION WEEK 14–20 JUNE 2025

Last week, our swimmers took part in Drowning Prevention Week - an important initiative that helps save lives. We had a lot of fun while learning essential water safety skills, from how to stay around water safe around water to help others in difficulty. It was a fantastic way to build confidence, awareness, and teamwork in the pool, all while reinforcing life-saving knowledge. Well done to all our swimmers for their enthusiasm and effort!



## TEACHER OF THE QUARTER

Congratulations to Carlos – Our Teacher of the Quarter!

Since joining Love To Swim, Carlos has gone above and beyond—stepping in to cover sessions, offering support wherever needed, and bringing a unique and engaging teaching style that's been a hit with both children and parents.

His dedication, initiative, and commitment to excellence have made a real impact. As a result, we're proud to share that Carlos has been promoted to Swim School Lead. Well deserved, Carlos!



Shout out to our new teachers

Jan Florence Anne

## OUR VALUES

Quality

Commitment

Consistency

Love

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## DONATION

If any parents are willing to donate a product or service to our upcoming auction, we'd be incredibly grateful. All proceeds will go directly to Bliss, supporting babies born premature or sick.

Thank you for your generosity!



## SUMMER SHORT COURSES

Crowne Plaza Docklands Hotel  
 Week 1 - Mon 28th July - Fri 1st Aug  
 Week 2 - Mon 4th - Fri 8th Aug  
 Week 3 - Mon 11th - Fri 15th Aug

Stepney All Saints  
 Week 1 - Mon 28th July - Fri 1st Aug

Lessons for adults, children and private.

## REFERRAL SCHEME

- Get 1 free lesson when your friend books a minimum block of 6 swim lessons
- Your friend will receive 15% discount when booking a minimum block of 6 swim lessons.

Your friends will need to contact us and provide your name to gain access to the discount code. So start spreading the Love

Meet Carlos - our new swim school lead and teacher.

I've been teaching swimming for 14 years, and my love for the water goes back even further. I grew up in Spain, where I learned to swim in rivers—taught by my brothers. At school, I took part in swim galas, which only deepened my passion for the sport.

I truly believe that swimming is an essential life skill. There's nothing quite like the freedom of running into the sea on holiday, feeling confident and safe in the water.

My swimming superpower? I can swim underwater for more than 25 metres!

Fun fact: I used to train and compete as a Muay Thai fighter (think kickboxing—but better!).



Huge congratulations to our ex pupil Samarth, who triumphed at the London Para Youth Games by winning gold in the 25m front crawl for children with hearing impairments! Competing in his first-ever swimming gala on 15th May, he clocked an incredible 19.34 seconds — a phenomenal achievement that showcases his skill and determination.

Samarth began his swimming journey at age 4 with us at Love to Swim and taught by Jose. Despite barely being able to hear in the pool, Samarth's perseverance, courage, and passion have made us incredibly proud.

For the past two years, he's been coached at a local authority pool in Tower Hamlets in the higher stages.

To celebrate his success, Samarth received his gold medal from Tower Hamlets Mayor Lutfur Rahman, and of course, his beaming parents.

Well done, Samarth — we're all behind you! 🎉🏆



Wishing You a Wonderful Summer!

As the term comes to a close, we wish all our swimmers and families a fantastic summer break.

We're already looking forward to seeing many of you at our intensive summer short courses— it's going to be a great season of swimming ahead!

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